## CLAIMS

## What is claimed is:

- 1. A clock shared by two or more nodes via a data transmission, wherein the data transmission includes a plurality of data packets, each data packet having a header containing a value, the clock comprising:
- a first timing portion including at least

  two data packets wherein the value is constant for
  each data packet in the first timing portion; and
  a second timing portion including at least
  two data packets wherein the value is constant for
- each data packet in the second timing portion and different from the value for each data packet in the first timing portion.
- The clock of claim 1, further comprising a third timing portion including at least
   two data packets wherein the value changes with each data packet.
- 3. The clock of claim 2, wherein the value of one of the data packets of the third timing portion is unique among all the values of all the timing portions.
- 4. The clock of claim 2, wherein the value increments for each data packet within the third timing portion.

- 5. The clock of claim 1, wherein the value increments between the first timing portion and the second timing portion.
- 5 6. The clock of claim 1, wherein the value is provided by a counter within the header.
  - 7. The clock of claim 1, wherein the data transmission is in MPEG format and a counter within the header of each MPEG data packet provides the value.
  - 8. The clock of claim 7, wherein the counter within the header is a modified continuity counter.
  - 9. The clock of claim 1, wherein a frame synchronization value defines the boundaries of the first timing portion and the second timing portion.

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10. The clock of claim 1 further comprising a plurality of time segments each including at least the first timing portion and the second timing portion.

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11. A clock shared by two or more nodes via a data transmission, wherein the data transmission includes a plurality of data packets, each data packet having a header containing a value, the clock comprising:

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a first timing portion including at least two data packets wherein the value changes with each data packet in the first timing portion; and

one or more subsequent timing portions
each including at least two data packets wherein the
value is constant for each data packet within a
subsequent timing portion and changes with each of
the one or more subsequent timing portions.

- 12. The clock of claim 11, wherein the value of one of the data packets of the first timing portion is unique among all the values of all the timing portions.
- 13. The clock of claim 11, wherein the value increments for each data packet within the first timing portion.
- 14. The clock of claim 11, wherein the value increments from one subsequent timing portion to the next.
- 15. The clock of claim 11, wherein a frame synchronization value defines the boundaries between each of the timing portions.
- 16. The clock of claim 11 further comprising a plurality of time segments each including the first timing portion and the one or more subsequent timing portions.

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- 17. The clock of claim 16, wherein the number of the one or more subsequent timing portions is variable among the plurality of time segments.
- between two or more nodes via a clock embedded within a data communication, wherein the clock is provided by at least one time segment each having a plurality of timing portions, each timing portion including two or more data packets, each data packet having a header containing a value that changes with

receiving a data packet;

each timing portion, the method comprising:

reading the value within the header of the data packet;

comparing the value with at least one previous value from at least one previous data packet to provide a result; and

determining the position of the clock 20 based on the result of the comparison.

19. The method of time-synchronization of claim 18 further comprising:

determining the position of the clock based on a value that is unique among all the values of all the timing portions.

20. The method of time-synchronization of claim 18 further comprising:

updating at least one counter within a

node upon receipt of each subsequent data packet,
wherein the at least one counter reflects the
position of the clock.

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21. The method of time-synchronization of claim 18 further comprising:

updating at least one counter within a node for receipt of each time segment.

- 22. A method of time-synchronization between two or more nodes via a clock embedded within a data communication, wherein the clock is 10% provided by at least one time segment including two or more data packets, each data packet having a header containing a value that changes with each data packet, the method comprising:
- receiving information on the length of the 15 at least one time segment;

determining the boundary of each time segment based on the information;

receiving a first data packet;

reading a first value within the header of

the first data packet; 20

> determining the position of the clock based on the first value; and

updating at least one counter within a node upon receipt of a second data packet without reading a second value within the header of the second data packet.

- The method of time-synchronization of claim 22 further comprising:
- 30 receiving a third data packet;

reading a third value within the header of the third data packet if the third data packet is near the boundary of the time segment; and resetting the at least one counter upon crossing the boundary of the time segment.

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